



CAPTAIN KAYAK

A little bit about me

I am a PGCE student, who will be returning next year to complete my MA in Education. Since taking up kayaking last year it has come to dominate my life (to a slightly unhealthy degree). I would like to be re-elected as polo captain to, hopefully, add a little to what the club has to offer. Whether this means contributing to the coaching within the current sessions, helping to form better links with local clubs or finding new opportunities for the club to explore.

Last year's aims:

To this end, my goals for the past year were to increase participation, to assist with the coaching of club members and to encourage the university to enter external leagues and events. Whilst I recognised I do not have quite the same level of expertise as some paddlers in the club I have aspired to make up for this with the commitment I have shown to my role. I have attended the club's taster sessions, fresher's fairs, land-sessions, fitness sessions and helped coach at the vast majority of polo sessions—despite being injured and thus unable to paddle for significant periods of my captaincy. I have also encouraged members to become involved with Tees Tigers and to attend external competitions (Northumbria, Yorkshire and summer competitions), with the aim of optimising their development and enjoyment.

Future goals

Whilst I am proud of my contribution over the past year, one of the issues that arose from having so many enthusiastic people promoting the club was that efforts were often duplicated. If re-elected, one of my primary aims for this year would be to play my part in improving the co-ordination between the various polo related roles and the subsequent communications to members; ensuring that a clear and consistent message is sent to members.

In addition to this, I would aim to continue to contribute to improving the quality of the clubs activities. I am particularly interested in helping increase the commitment to pre-season by discussing past experiences with members, continuing to promote personal development through training and external competitions and to help organise the purchase of team rash vests - to increase the team spirit within the club. This is a great club and people should be proud to be a part of it.

Personal experience

- Women's National League Division One.
- Open Division Four.
- Yorkshire League Division Three.
- NE Regional League.
- Irish Open Division Two.
- Liverpool International Canoe Polo Tournament
- Regular attendant of Tees Tigers Sessions.

