

# Florence Bray - Welfare

Proposer – Charlie Wilson

Seconder – Matthew Barwick



## About me and Why me?

- 1st year, Geography BSc, Cuths
- Kayaked for 12+ years
- FSRT and First Aid trained, hoping to get instructor qualifications
- I teach kids watersports in summer (requires extreme patience)
- Not scared to report inappropriate behaviour
- I try to come across as approachable/easy to talk to (whether I actually am is for you to judge)
- Down to talk anytime



## What I would do

- Increase opportunities for feedback (send regular feedback forms for sessions/trips/general club)
- Make a welfare slide for health/safety talks and trip talks
- Provide welfare on trips
- Provide welfare on nights out/socials
- Sober Socials (e.g. boardgame nights)
- Serotonin Boosts: encourage people to send photos of pets during exam seasons and over holidays
- Continue chill coffee mornings (find a cheaper cafe than Whitechurch)
- Support general club/exec