

Happy
New Year

EPIPHANY 2020
CALENDAR



January						
Week	M	T	W	T	F	S
1	13	14	15	16	17	18
2	20	21	22	23	24	25
3	27	28	29	30	31	

February						
Week	M	T	W	T	F	S
3					1	2
4	3	4	5	6	7	8
5	10	11	12	13	14	15
6	17	18	19	20	21	22
7	24	25	26	27	28	29

March						
Week	M	T	W	T	F	S
7						1
8	2	3	4	5	6	7
9	9	10	11	12	13	14
10	16	17	18	19	20	21
11	23	24	25	26	27	

EASTER

What's on?

→ Refreshers Weekend in the Lake District, 1st and 2nd February

- Weekend away paddling some white water in Cumbria
- Staying in a village hall, cheap and cheerful!
- Only a couple of weeks away so get signing up

→ BUCS Slalom, 15th and 16th February **Sign Up Closes 28/1**

- Held over 2 days at Tees Barrage, come to either/both days
- K1 recommended, C1/C2/K2 also available!
- Come along and volunteer (there's free food)

→ BUCS White Water Race (WWR), dates not yet confirmed

- Likely a couple of weeks after slalom, keep an eye out!
- White water racing on a dam-release river
- Short (sprint) course, and long course available in any boat you want. Sprint recommended for beginners

→ Scotland Trip, first week of Easter break

- Lots of river-related fun! Try and come to lots of white water this term if interested!

Don't forget...

- **Pool sessions** at 7.50 on **Monday and Thursday evenings** for skills/polo practice
- Basic **paddling and games** sessions on **Wednesday after lectures** (1pm)
- Straight after, head to **S&C** in the fitness studio at Maiden Castle (3pm)
- Regular trips to **Tees Barrage**, probably after S&C
- **Weekend river trips** (based on demand)

Any questions? Drop one of us a message, or email canoe.club@durham.ac.uk